

## Lunch Menu

*Only available between 11.30am-3.00pm Monday to Friday  
11.30am-5.00pm Saturday*

### *Cold Sandwiches*

*Served in White or Brown Farmhouse Loaf with Root Vegetable Crisps, Coleslaw and Salad*

*Salmon & Cream Cheese - Smoked salmon, cucumber & dill (\*) £6.95*

*Honey and Mustard Glazed Ham - With piccalilli and tomato (\*) £5.95*

*Mature Cheddar - Full of flavour cheddar and homemade chutney (V\*) £5.50*

*Roast Chicken - Tender chicken with mayo and baby gem lettuce (\*) £6.50*

*Roast Beef - Roast topside with red onions and horseradish mayo (\*) £6.50*

*Add soup with any sandwich for an extra £2.50*

### *Hot Sandwiches*

*Served in White or Brown Farmhouse Loaf with Chunky Chips & Salad*

*Hot Roast - Sliced roast of the day with lashings of gravy £7.50*

*Cajun Chicken - Cajun chicken, garlic mayo and baby gem lettuce (\*) £7.50*

*Posh Fish Finger - Beer battered haddock with lemon and dill mayo (\*) £7.50*

*Daily Homemade Quiche - Salad and coleslaw £5.95*

*Homemade Scone - Whipped cream and jam £2.10*

*Coffee and Cake or Tea and Scone - Any coffee or tea and a piece of cake or scone £3.50*

*Selection of cakes - Always a fresh selection £2.00*

*Gluten Free by request only (\*)      Vegetarian option available (V)*

**Starters**  
**Served Lunch and Evening**

***Chefs Choice Soup and Crusty Bread (V) (\*)***

*Our chefs own choice of freshly homemade soup with crusty bread and parmesan croutons £4.95*

***French Brie and Cranberry Sauce (V)***

*Wedges of French brie coated in our own crumb, served with cranberry sauce and dressed leaves £5.50*

***Spicy BBQ Chicken Wings***

*Crispy chicken wings coated with lashings of spicy Louisiana BBQ sauce, homemade slaw £5.50*

***Salmon and Cod Fishcakes***

*Poached salmon and cod, bound with creamed potatoes in a herb crumb, served with a sweet chilli dip £5.95*

***Black Pudding and Chorizo Salad***

*Peats' black pudding with grilled chorizo, mixed leaves, topped with a soft poached free-range egg £5.95*

***Half Rack of BBQ Ribs***

*Half a rack of slow cooked BBQ ribs, homemade slaw and dressed leaves £6.50*

***Sautéed King Prawns (\*)***

*Fresh king prawns marinated in garlic, coriander and red chilli then cooked in a herb butter with fresh crusty bread and leaves £6.95*

***Garlic Mushrooms (V) (\*)***

*Sautéed mushrooms with sliced garlic and chives in a rich cream sauce served on a toasted brioche bun £5.50*

***Gluten Free by request only (\*)    Vegetarian option available (V)***

## *Mains*

### *Served Lunch and Evening*

#### *Haddock, Chips and Peas (\*)*

*Our own crispy beer battered haddock, served with chips, mushy peas and a lemon and dill mayonnaise £9.95*

#### *Braised Lamb Shank*

*Lamb shank slow roasted in redcurrant jelly & mint gravy, served on creamed potatoes with a selection of fresh vegetables £12.95*

#### *Full Rack of BBQ Ribs*

*BBQ pork ribs smothered in sauce, served with French fries, homemade slaw and dressed leaves £12.50*

#### *Honey Roast Ham (\*)*

*The Threes own honey roast ham, served with chunky chips, garden peas and two fried free-range eggs £9.50*

#### *Whitby Wholetail Scampi*

*Deep fried pieces of Whitby scampi, with chunky chips, garden peas, lemon and dill mayonnaise and a lemon wedge £9.95*

#### *Teesside Chicken Parmo*

*Tender chicken breast bread crumbed, deep fried and topped with a béchamel sauce and loads of grated cheese, served with fries, slaw and salad £11.50*

#### *Ribs and Wings Combo*

*Half a portion of ribs and a portion of wings, both served with lashings of sauce, salad, slaw and skinny fries £11.95*

#### *Steak and Ale Pie*

*Tender pieces of slow cooked beef shin served with creamed potatoes, mushy peas and sticky glazed carrots £10.95*

*Gluten Free by request only (\*)    Vegetarian option available (V)*

## Mains Cont.

### *Slow Roast Tomato Linguine (V)*

*Roasted peppers, marinated olives, fresh herbs, crumbled feta & pea shoots £9.95*

### *Thai Red Curry (\*)*

*Diced chicken cooked in a Thai curry sauce with spinach, coriander & sugar snaps, served with pilau rice and a mini naan bread £11.95*

### *Grilled Seabass Fillets (\*)*

*Fillets of grilled seabass on a creamy white wine & fish sauce, baby spinach, mussels and heritage potatoes £13.50*

### *The Threes Burger (\*)*

*6oz of Peats' Beef, Mature Cheddar, Crispy Bacon & Onion Rings served with fries and salad £12.95*

### *Twice Cooked Brisket (\*)*

*Very tender beef on a good dollop of chive mash, with cauliflower puree, wild mushrooms and a red wine jus £12.95*

### *Seafood Linguine*

*Market fresh king prawns, clams and mussels all bound in a fresh chilli & garlic fish sauce £12.95*

*Side Orders - £2.50 - Chunky Chips, Skinny Fries, Mixed Salad, Garlic Bread, Onion Rings  
£1.50 - Coleslaw, Bread & Butter*

***Steaks - 10oz Ribeye £19.50 (\*)    8oz Fillet £21.50 (\*)***

*All our steaks are locally sourced and served with grilled tomatoes, roast mushrooms, beer battered onion rings and chunky chips*

***Surf it up and add some king prawns for only £4.50***

***Sauces £2.50 - Teesdale blue, peppercorn, garlic butter***

***Gluten Free by request only (\*)    Vegetarian option available (V)***

## Desserts

### *Old School Pudding of the Week*

*Just Ask... £5.50*

### *White Chocolate Blondie (\*)*

*Dark chocolate chips, thick chantilly cream & rich chocolate sauce £5.50*

### *Lemon Cheesecake*

*Raspberry sauce, crushed ginger biscuit base & stem ginger syrup £5.50*

### *Salted Caramel & Popcorn Pots (\*)*

*Gooey caramel base with set milk chocolate custard & a toffee drizzle £5.50*

### *Eton Mess (\*)*

*Mixed fresh berries, sweetened vanilla cream & crushed meringue pieces £5.50*

### *Cheese and Biscuits*

*A selection of Teesdale cheeses with homemade chutney, biccies & grapes £7.50*

### *Ice-cream (\*)*

*A choice of ice cream (please ask your waiting staff)*

*£1.50 per scoop*

### *The Threes*

*A selection of Chefs desserts all in miniature served with whipped cream & berries £7.50*

*Gluten Free by request only (\*)*

*Vegetarian option available (V)*